

FITNESS TESTING RESULTS

2021 ELITE PRE-SEASON TRAINING PROGRAM



Surname	Name	Birth Year	Height (cm)	Weight (kg)	Vertical Leap		20 METRE	AGILITY	YO-YO
					Standing (cm)	Running (cm)			
Carrick	Aston	2007	154	53	37	52	3.75	10.07	13.3
Cail	Jayden	2010	148	34	34	45	3.65	9.32	14.7
Carrick	Fletcher	2009	149	54	35	46	3.71	9.11	14.2
Caruana	Noah	2010	150	38	29	33	3.85	9.68	14.3
Colterill	Hunter	2010	143.5	40	32	33	4.07	9.99	14.2
Crowhurst	Patrick	2009	153.5	47	39	42	3.78	11.32	14.2
Davis	Joedan	2008	165	49	52	64	3.28	9.25	16.2
Deal	Jett	2009	153	40	44	41	3.69	10.35	14.2
Fikir	Dilan	2010	138	32	32	40	3.75	9.50	14.3
Harvey	River	2010	152	47	31	30	3.99	10.16	14.1
Ingram	Jason	2010	151	45	27	35	3.78	10.18	13.3
Kendell	Ned	2008	161	51	37	47	3.73	9.19	14.6
Kruger	Ryan	2008	171	54	50	52	3.38	8.80	16.7
Leeson	Jamison	2008	162	61	42	57	3.47	8.62	15.5
Mason	Lincoln	2007	163	54	42	49	3.59	9.72	14.5
Merhi	Zain	2011	143	42	25	35	4.23	10.93	12.2
Merhi	Isa	2009	149	38	38	47	3.35	9.74	15.5
Monga	Dom	2010	145	39	30	40	4.15	11.9	12.2
Morley	Tom	2008	151	36	46	63	3.58	9.47	14.3
Nebreda	Lucas	2008	164	59	31	34	3.89	10.1	14.6
Running	Demi	2008	166	50	37	45	3.6	9.58	14.4
Saarinsen	Spencer	2008	166	42	43	54	3.3	9.17	15.5
Scarlera	Marcus	2010	141	32	35	43	3.67	9.42	14.3
Thomas	Maddie	2010	150	32	33	34	3.90	10.58	14.2
Thomas	Zach	2010	151	39	32	39	3.71	9.34	15.1
Wall	Justin	2008	157	40	51	58	3.41	8.98	17.3
Walsh	Banjo	2008	162.5	58	43	44	3.64	8.87	15.6